



New South Wales AFL Masters



2017 Indemnity Form

Warning and Disclaimer:	I of..... (Full Name) (Full Address)		
 Phone :Emergency Contact		
as a member of the ...SYDNEY AFL MASTERS FOOTBALL CLUB..... (AFL Masters Club Name)			
here after referred to as "The Club" agree to be bound by the following:			
AUSTRALIAN RULES FOOTBALL IS DANGEROUS			
Participation can result in serious bodily injury, permanent incapacity and even death. By signing this application you acknowledge that you have read and understood the terms upon which New South Wales AFL Masters Incorporated (hereafter referred to as NSW AFLM Inc) may accept your application as a participant. If your application is accepted NSW AFLM will rely on you keeping the promises you make below.			
In this document the phrase 'NSW AFLM ' means New South Wales AFL Masters Incorporated or any AFL Masters Club affiliated with NSW AFL Masters Incorporated, its' officers, volunteers, servants, agents and any co-contractors of Masters Australian Football.			
1. I have read the Rules that relate to the conduct of NSW AFLM season in which I am applying for participation and will at all times comply with these rules and any reasonable direction given to me by NSW AFLM.			
2. I will participate solely at my own risk, knowing and accepting that in participating I may become seriously injured, permanently incapacitated or killed by or as a consequence of on-field practice or competition. Should I require medical treatment or ambulance at or during the 2017 Season, it shall be at my own cost, even if an ambulance is in attendance.			
3. I will not engage in any conduct, on or off the field, which places other participants of AFL Masters football at risk of injury or death and/or which is in the opinion of NSW AFLM or AFL Masters Clubs affiliated with NSW AFLM Inc, considered to be unreasonable or un-sportsmanlike behaviour.			
4. The determination of whether my conduct places or placed other persons at risk of injury or death and/or which is or was unreasonable or un-sportsmanlike behaviour is solely at the discretion of NSW AFLM or an AFL Masters Club affiliated with NSW AFLM Inc and I agree to be bound by that determination.			
5. I hereby release and indemnify NSW AFLM or an AFL Masters Club affiliated with NSW AFLM Inc, from all claims, costs, proceedings, liabilities and expenses arising from or in any way connected with my participation in the 2017 Season.			
6. I participate knowing that it is my responsibility to undertake a full medical examination prior to playing to ensure that I am not suffering from any illness or condition or injury that may put my health, enjoyment of life or use of my body at greater risk.			

	Player		Club Official
Signed:		Signed:	
Name:		Name:	
Date:	_____ / _____ / 2017	Receipt No:	

MODIFIED RULES OF AFL MASTERS

AFL MASTERS was conceived from the idea that people could continue or try the sport they love in a safe and friendly environment. No emphasis is placed on winning but on the enjoyment of the game, social interaction between participants and their families and improving or maintaining personal fitness. Whether players be veterans or novices, the emphasis is on **“Football for Fun ”**

GENERAL RULES

Players must be 32 years of age or above for the local and inter club games. For Sydney Cup and National Carnival participation 35 years and above.

- Local matches will normally consist of 4 x 20 minute quarters with no time on. This can be altered to suit weather, playing numbers or any other affecting factor. Mini – Carnivals are usually conducted with two 15 minute halves with no time on added for each game.
- At a local level team sizes may vary, along with the ground size, depending on numbers.
- When no boundary umpires are available, the following rules apply : 1. Ball out of bounds on full or bounce, kick in by opposition. 2. Ball out of bounds off the hands, then the ball is to be thrown in by the last player to touch it.
- Verbal abuse, dissension and fighting with an umpire, official, teammate, opponents or spectators is not tolerated and will result in a send off or suspension depending on the severity.
- Foul language is also not tolerated. This is a family sport and will be treated likewise!
- Players cannot participate unless they have completed a current consent and indemnity form. Visiting players from other AFL Master’s clubs must also fill out the appropriate form.
- Behave in a sportsman like manner, applaud good play for not only your own teammates but the opposition as well.
- Play by the rules at all times.
- Be a team player, bring other players into the game, regardless of their ability.
- Treat all players fairly and co-operate with others. Fair play is paramount to AFL masters.
- Attack the football, not the player, tone down on the physical contact and apply commonsense.
- Remember that we have players with ages ranging from 32 – 67plus years participating and those that are 60 years and over are identified by a white arm band. This allows them to be given a mark as long as they touch it with two hands. Show extra caution and consideration when tackling these players.
- Be responsible for yourself, if you feel any aches, pains or the onset of exhaustion, change positions with a teammate or take yourself off the ground for a rest. Most of the injuries that occur in AFL Masters are caused through players ignoring the warning signs, prevention is better than cure!
- Respect and be responsible for change rooms and facilities at grounds as we are allowed to use these with the generosity of the relevant junior and or senior clubs, free of charge.
- Offer to help where possible prior to and after games, it is your club!
- If you have a complaint or suggestion discuss it with or email it to a member of the committee.
- Senior players accept responsibility and instruct newcomers as to the rules and behaviour required,
- Most of all have fun!

MODIFIED RULES

- No shirt fronting. This constitutes unduly rough play and can be dealt with severely.
- No slinging. This constitutes unduly rough play and can be dealt with severely
- Two tackle rule, attempting to evade two tackles, no matter how sleight is a free kick to the opposition
- No knees or boots into a players back, again a free kick to the opposition. This constitutes unduly rough play and can be dealt with severely
- Maximum two bounces apply, sometimes this is altered to one bounce prior to a game failing this the default is always two.
- Only one player from each team to contest all ruck knocks (centre, around the ground or boundary).
- No kicking in danger! This constitutes unduly rough play and can be dealt with severely
- 12 points is awarded for a drop kick goal from outside a 20 meter arc.
- All other AFL Rules apply.
- Send off rules and suspensions are applied depending on the severity of the offence.

**MOST IMPORTANTLY PLEASE REMEMBER THIS
IS “FOOTY FOR FUN”!**